



2014 Quad City Strength & Fitness Expo

August 16, 2014
8 am to 8 pm

**Mississippi Hall
Davenport RiverCenter
Davenport, IA**

Iowa's Strongest Man Strongman Competition
Crossfit Competition
Powerlifting Competition
MAS Wrestling Competition
Grip Strength Challenge

Special Feature

Guns & Hoses 2014 Police - Fireman Challenge

Special Guests

2011 & 2013 World's Strongest Man Brian Shaw
IFBB Pro Bodybuilder Fred "Biggie" Smalls
Strongman & Grip Legend Odd Haugen Power Lifting Legends
"Captain" Kirk Karwoski & Julie Scanlon



Odd Haugen



Julie Scanlon



Fred Smalls



Brian Shaw



"Captain" Kirk Karwoski

