

lowa's Strongest Man Strongman Competition Crossfit Competition Powerlifting Competition MAS Wrestling Competition Grip Strength Challenge

Special Feature

Guns & Hoses 2014 Police - Fireman Challenge

Special Guests

2011 & 2013 Worlds's Strongest Man Brian Shaw IFBB Pro Bodybuilder Fred "Biggie" Smalls Strongman & Grip Legend Odd Haugen Power Lifting Legends "Captain" Kirk Karwoski & Julie Scanlon







Fred Smalls



Brian Shaw

"Captain" Kirk Karwoski







